



AVON DALE WHISKEY AND SHERBET

You could call it the thinking man's drinking music.



SEPTEMBER 14, 2018

1. Six Grills
2. Getting Stoned
3. Funk
4. Amigo
5. Bottle Blues
6. Punk
7. What's Love
8. E + C
9. Daddy
10. Love Handles
11. That Drunk
12. TIWIK
13. Moonshine

That idea – songs to drink to that stay with you when the glass is empty – just might be the north star that Avon Dale has been guided by since they wrote the songs for their debut EP almost five years ago. The band's forthcoming full-length *Whiskey and Sherbet* is self-aware and self-deprecating, wry and introspective indie rock. Like their 2016 EP *Little Ditty*, the writing is honest and the melodies are light-hearted – like few can, they continue to capture the very specific feelings of 20-something-ness, without pandering or patronizing.

"The lyric 'Whiskey and Sherbet,' which became the album title, really just seemed to capture the feel of the record," says lead singer Conrad Polz. "A lot of the themes revolve around good times and the sweet things in life. There's a lot of friendship and love. But when you have a good time, sometimes you get a hangover. Guilt, doubt, fear, and pain creep in intermittently like a case of the Sunday scaries."

To be sure, the record is largely set in and inspired by barrooms – from "Bottle's Blues," a dive bar revisionist take on "Piano Man," to "Punk," which explores the aesthetics of its namesake genre, written after a drunken night out on tour that led to a hand injury for guitarist Patrick Vaughn – but it has its sober(ing) moments, too. "TIWIK," which Polz calls "the beginning of the hangover of the record," stands for "Things I Wish I Knew." It was written during a studio session, following a phone call from a friend to check in on him after she'd lost another friend to suicide.

The songs on *Whiskey and Sherbet* came together in January at a month-long pre-production and writing session at Bankson Lake Studios in Michigan. The members of Avon Dale – Polz (vocals/guitar), Alec Heist (drums), Vaughn (guitar) and Drew Allen (bass) – then spent much of April at Made in Memphis Entertainment in Memphis, Tenn., tracking with long-time producer/engineer Mike Wilson. The album was mixed at Music+Arts Studio in Memphis and the finishing touches were put on by GRAMMY-winning mastering engineer Brad Blackwood.

Whiskey and Sherbet will be available via digital music retailers on September 14, 2018. Avon Dale will tour behind the record beginning September 9. For tour dates and details, visit The-BandAvonDale.com.